

Minutes

ROYTON, SHAW & CROMPTON HEALTH & WELLBEING MEETING

Thursday 05 March 2015

Shaw Children's Centre – 5.00pm

ATTENDEES	
Liz Fryman	R,S & C District Team
Cllr M Bashforth	Councillor
Cllr H Roberts	Councillor
Donna Speat	AGE UK
Tracey Coatman	Children's Centre
Jackie Hanley	OCLL
Joan Turner	Hopwood Court, Housing 21.
Jonathan Sutton	Joint Commissioning, Oldham Council.
Janet Campbell	Victoria Gardens, Housing 21.
Jill McCune	Lifelong Learning Centre
Linda Cain	Business Support, District Team.
APOLOGIES	
Sharon Smith	R,S & C Cluster Chair
Angela Broadhurst	OMBC - Housing
Cllr D Murphy	Councillor
Cllr R Blyth	Councillor

1. Welcome, introductions and apologies

Liz chaired and opened the meeting, thanked those in attendance and gave apologies.

2. Minutes of the last meeting

Noted

3. Updates and matters arising from minutes

3.1: Defibrillator update – Royton's defibrillator is to be put up on the front of Royton Town Hall, this has been ordered today. Still looking at locations for Shaw's defibrillator. Next step will be to schedule the CPR/1st Aid training programme with OCLL.

3.2: Get Oldham Growing – Groundwork who are recruiting ambassadors, are still looking for an ambassador for RSC and the position will be advertised again 09.03.15. The post is 16 hours per week. Also still looking for land for the Get Oldham Growing project, any ideas from the group would be welcome.

4. Ambition for Ageing – Jonathan Sutton

- A 5 year, £10 million Big Lottery funded programme aimed at reducing social isolation for older people in Greater Manchester.
- Part of the 'Ageing Better' programme
- Crompton has been identified to be part of the programme, plus Failsworth West and Alexandra. These neighbourhoods will collectively see direct investment from the programme of just over £650k in the next 3-5 years. This means that each ward will receive approximately £40k per annum
- To focus on where the greatest need and greatest impact can be made at local level.
- Scoping exercise already completed to see what already exists for older people. To link in with these support services and assets that are already working well.

- GMCVO will be formally commissioning organisations in April 2015 to deliver the programme. There will be consultation with older people and key local partners over the specification for the organisations.
- Oldham consultation is on 18th March 2015 at the Link Centre. See GMCVO website to book a place. Anne Fleming will attend this consultation on behalf of the group.

Key issues the group would like Anne to feed in at the consultation are:

- Target the most isolated – housebound, very low mobility, those living with long term mental ill-health & long term physical illness, newly bereaved.
- Generally speaking there are a lot of activities available in Oldham (Where Can I Find bears this out) one of the key issues is accessible, timely and reliable transport.
- A further key issue is low confidence and poor social networks. People may not feel able to attend activities and need support to build confidence in the first instance.
- Help is needed in navigating the activities and services out there – although Age UK's Promoting Independence Service will help with this.

5. Power to Resist update – Liz Fryman

Key messages: Delay introducing alcohol to your child, Reduce the amount of alcohol you provide to your child, Understand that your children mirror your behaviour

- Work with parents delivered in February 2015. Initial sessions in each primary school. (Crompton Primary, Blackshaw Lane and St Anne's)
- A follow up session for each school to help parents network.
- Royton & Crompton School – work with school to identify families along 'friendship groups' and deliver programme on that basis – programmed for next academic year.
- Delivery of a 2 hour session to volunteers and staff working with residents called 'How Much is Too Much?'
- Project with parents to produce and publish a 'talking heads' film by parents, that promote the 'Power to resist' messages
- Concern over Ecigs, Legal highs and Laughing gas being sold in Shaw and Royton. The group was reminded that any incidents/information must be reported to the Police. These issues are also being discussed at the drug & Alcohol forum.

6. Public Health Budget recommendations

6.1 The working group has met and members have worked up four project proposals for the Health & Wellbeing subgroup to discuss.

- a) Slimming without Women £3280– Approved
- b) Let's Go For a Walk £2400 – Approved
- c) Singing for the Brain £300 – Approved

Resolved: The HWB sub would like to recommend these programmes for funding at the March District Executives.

6.2 The working group also proposed:

- d) Macmillan 1:1 support £1000

Resolved: The group would like more information as to what happens after the Macmillan event is over, do people get sign posted elsewhere for support.

Action: Anne will check with Macmillan as to what happens after the Macmillan event is over, do people get sign posted elsewhere for support.

Liz will then report back to the group and the group will advise if they are happy to proceed with the project

6.3 The subgroup had a further discussion regarding the remaining allocation and what priority we should address. Isolation and loneliness continue to be a major issue in the district, impacting on both physical and emotional well-being.

The sub-group agreed that they would like to ask the District Executives to set aside the remaining £3097 to develop a project proposal to reduce social isolation and loneliness. We discussed a ITC based project to provide tablets/laptops to sheltered housing complexes.

Agreed: Liz to convene a meeting of sheltered housing providers to discuss options and sustainability in terms of wifi access etc.

7. Any Other Business

- The Children's Centre health priority for 2015 is the promotion and sustainability of breast feeding and Oral health.
- Liz reported that District Priorities will be brought to the next sub group meeting 22 July 2015
- AGE UK Oldham – Promoting Independent people
PIP advisers will have a presence in GP clusters, they will provide short term practical and emotional support to older people who are at risk of a deterioration in their health and wellbeing, aiming to reduce non elective admissions, lessen GP pressure and avert crisis.

8. Date of Next Meeting

22 July 2015, MR2 at Royton Town Hall, 5.00pm